Creating Self-Regulated Learners - Linda Nilson - 2013

Self-regulated learning (SRL) is often cited as an important strategy to improve student learning. The book is a must-read gift to all who are concerned about good teaching and helping students become autonomous, deep learners. —Johno Zabalucky, Professor of English, and Director of Honors & Faculty Development, Columbia College

Creating Self-Regulated Learners: Strategies to Strengthen Students’ Self-Awareness and Learning Skills

This book presents a holistic approach to pedagogy and argues that the purpose of education is to educate the student’s whole personality including cognitive, social, and moral domains. The four sections and twelve chapters address the current theories of self-regulated learning (SRL) and the strategies to help students become self-regulated learners. The book covers a vast range of issues such as the social context of SRL, how to teach self-regulated learning, the role of the instructor and student, and the assessment of SRL.

Self-regulated learning (or self-regulation) refers to the process whereby learners personally activate and sustain cognitions, affects, and behaviors that are systematically oriented toward the attainment of learning goals. This is the first comprehensive text to present a thorough review of the burgeoning literature on self-regulated learning. The book offers an extensive collection of practical resources and examples that can be applied in both college and K-12 classrooms. Most of the strategies are untested and require further research. However, most of the strategies are untested and require further research. This book is a valuable resource for educators and researchers who are interested in self-regulated learning.


Combining theory, research, and applications, this reader-friendly text guides college students on how to become self-regulated learners. Students gain knowledge about human motivation and learning as they improve their study skills. The focus is on self-regulated learning and its role in effective learning and study strategies. The book covers a range of topics such as the role of motivation in self-regulated learning, the role of self-regulated learning in academic contexts, and the role of self-regulated learning in educational contexts.

Self-regulation and Academic Achievement: Theory, Research, and Practice

Linda Nilson provides the theoretical background to student self-regulation, the evidence that shows how educators can help students become self-regulated learners, and the strategies to help students become self-regulated learners. Most self-regulated learners are familiar with these strategies, but there are also some effective strategies that do not require pre-existing knowledge. These strategies are designed to help students become self-regulated learners by improving their self-awareness and learning skills. This book is a valuable resource for educators and researchers who are interested in self-regulated learning and its role in academic achievement.

Self-Regulated Learning in the Classroom - Richard M. Boeka - 2018-05-18

Self-regulated learning is the process by which students not only learn but also become learners. This book introduces a framework for understanding the role of self-regulation in the classroom. The framework is based on a social cognitive theory of self-regulation, which emphasizes the role of the teacher and the importance of creating a supportive learning environment. The book is a must-read for educators who want to improve student learning and achievement.

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the development of self-regulated learning (SRL) in contemporary secondary schools and how new and emerging technologies might mediate these approaches. The paper outlines self-regulation strategies informed by the literature, including

This paper draws on emerging data from a doctoral study exploring how schools approach the development of self-regulated learners in Years 7-12. The research is exploring stakeholders' attitudes, beliefs, experiences and perceptions around questions as well as practices in technology enhanced learning. While the focus is on European studies, we are aware that much of the groundwork in the field of SRL has emanated from the United States. The book is divided into three parts:

2. Self-Regulated Learning in Higher Education
3. Self-Regulated Learning in Learning Environments

The text provides a framework for understanding relationships and makes practical suggestions for promoting SRL through TELEs.

What does the future hold for SRL in secondary schools? This book challenges for teacher education and professional development. Self-regulated learning, using turns, data, feedback, and interactions to foster growth, is key factor because learners are independent, self-directed learners. This book provides educators the support they need to apply the principles of self-regulated learning to best teaching the success of the Canadian Curriculum in this book. Here, C. White and M.A. Hargreaves present their work on the development of self-regulated learning. In addition, Self-regulation and the Common Core: teacher needs and student needs. Special needs students are not different from their typically achieving peers. Special needs students need instruction and guidance that is presented in a way that is meaningful to them. This book can help educators develop their own self-regulated learning strategies for success in the classroom. The book also includes practical strategies and activities that can be implemented in the classroom immediately. The book is a valuable resource for educators, parents, and students who are interested in supporting the acquisition of SRL through TELEs.

Self-Regulated Learning in Higher Education

This book provides a comprehensive overview of self-regulated learning in higher education, including case studies and practical examples.

1. Self-Regulation and the Common Core
2. Self-Regulated Learning in Higher Education
3. Self-Regulated Learning in Learning Environments

Self-regulated learning is an important new area of research on college learning and teaching. The purpose of this volume of New Directions for Teaching and Learning is to provide a sampling of some of the central issues regarding self-regulated learning and teaching in higher education. The volume includes articles on the development of self-regulated learning and teaching, how to improve student learning and how to improve student learning in the science classroom.

Teaching at Its Best

This book offers practical tips and strategies for improving teaching effectiveness, including classroom management, planning, assessment, and feedback. It is an essential resource for both novice and experienced teachers.

Principles and Practices for Success in Second Language Writing

This book offers guidelines and strategies for success in second language writing, including tips on curriculum design, writing instruction, and assessment.

Handbook of Self-regulation

This book covers a wide range of topics related to self-regulation, including research methods, theories, and applications across different fields such as psychology, education, and health.

The Graphic Syllabus and the Outcomes Map

This book introduces a visual approach to teaching and learning, using graphics to facilitate understanding and retention of course content.

Life on the Tenure Track

This book provides a candid and insightful look at the experience of early career faculty members in higher education.

Teaching at Its Best: The Third Edition

This updated edition of the popular handbook offers even more ideas and strategies for effective teaching, with new chapters on online teaching and student engagement.

Responsive Open Learning Environments

This book explores the future of open and online learning environments, including the role of social and digital technologies in shaping learning experiences.

Self-regulated learning is an important aspect of learning in higher education, as it is in all areas of life. This book provides a comprehensive overview of self-regulated learning in higher education, including case studies and practical examples. It is an essential resource for both novice and experienced teachers.

The Graphic Syllabus and the Outcomes Map

This book introduces a visual approach to teaching and learning, using graphics to facilitate understanding and retention of course content. It is ideal for anyone involved in teaching in higher education.

Self-regulated Learning and the Common Core

This book focuses on the development of self-regulated learning in secondary education, highlighting the importance of supporting students to become independent, self-directed learners. It is a valuable resource for educators, parents, and students.