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**Emotion Regulation in Couples and Families**
- Douglas K. Snyder - 2006
This is an edited book that addresses critical theoretical and methodological issues in the rapidly advancing field of emotion regulation. It presents empirical findings linking emotion regulation to individual and relationship functioning across the life span, while providing implications for clinical intervention, public policy, and future research. Contributors - who are nationally and internationally recognized for their expertise in social, developmental, and clinical disciplines - offer diverse perspectives on the role of emotion regulation processes in dysfunction and health. In addition to advancing the latest empirical developments, this volume will also be a prime resource for graduate students and practitioners working with children, couples, and families for whom emotion regulation difficulties are targets of clinical intervention.

**Emotion Regulation and Well-Being**
- Ivan Nyklíček - 2010-10-22
Emotion is a basic phenomenon of human functioning, most of the time having an adaptive value enhancing our effectiveness in pursuing our goals in the broadest sense. Regulation of these emotions, however, is essential for adaptive functioning, and suboptimal or dysfunctional emotion regulation may even be counterproductive and result in adverse consequences, including a poor well-being and ill health. This volume provides a state-of-the art overview of issues related to the association between emotion regulation and both mental and physical well-being. It covers various areas of research highly relevant to both researchers in the field and clinicians working with emotion regulation issues in their practice. Included topics are arranged along four major areas:
- (Neuro-)biological processes involved in the generation and regulation of emotions
- Psychological processes and mechanisms related to the link between emotion regulation and psychological well-being as well as physical health
- Social perspective on emotion regulation pertaining to well-being and social functioning across the life span
- Clinical aspects of emotion regulation and specific mental and physical health problems
This broad scope offers the possibility to include research findings and
neuroscience, clinical psychology, different fields of research, such as cognitive neuroscience, clinical psychology, psychophysiology, social psychology, and psychiatry on specific topics such as nonconscious emotion regulation, emotional body language, self-control, rumination, mindfulness, social sharing, positive emotions, intergroup emotions, and attachment in their relation to well-being and health. Chapters are based on the “Fourth International Conference on the (Non) Expression of Emotions in Health and Disease” held at Tilburg University in October 2007. In 2007 Springer published “Emotion Regulation: Conceptual and Clinical Issues” based on the Third International Conference on the (Non) Expression of Emotion in Health and Disease,” held at Tilburg University in October 2003. It is anticipated that, depending on sales, we may continue to publish the advances deriving from this conference.

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This broad scope offers the possibility to include research findings and thought-provoking views of leading experts from different fields of research, such as cognitive neuroscience, clinical psychology, psychophysiology, social psychology, and psychiatry on specific topics such as nonconscious emotion regulation, emotional body language, self-control, rumination, mindfulness, social sharing, positive emotions, intergroup emotions, and attachment in their relation to well-being and health. Chapters are based on the “Fourth International Conference on the (Non) Expression of Emotions in Health and Disease” held at Tilburg University in October 2007. In 2007 Springer published “Emotion Regulation: Conceptual and Clinical Issues” based on the Third International Conference on the (Non) Expression of Emotion in Health and Disease,” held at Tilburg University in October 2003. It is anticipated that, depending on sales, we may continue to publish the advances deriving from this conference.


This edited volume focuses on different views of happiness and well-being, considering constructs like meaning and spirituality in addition to the more standard constructs of positive emotion and life satisfaction. A premise of the volume is that being happy consists of more than having the right things happen to us; it also depends on how we interpret those events as well as what we are trying to achieve. Such considerations suggest that cognitive-emotional factors should play a fairly pronounced role in how happy we are. The present volume pursues these themes in the context of 25 chapters organized into 5 sections. The first section centers on cognitive variables such as attention and executive function, in addition to mindfulness. The second section considers important sources of positive cognition such as savouring and optimism and the third section focuses on self-regulatory contributions to well-being. Finally, social processes are covered in a fourth section and meaning-related processes are covered in the fifth. What results is a rich and diverse volume centering on the ways in which our minds can help or hinder our aspirations for happiness.


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**Affect Regulation Training** - Matthias Berking - 2014-08-30
Emotion Regulation is currently one of the most popular topics in clinical psychology. Numerous studies demonstrate that deficits in emotion regulation skills are likely to help maintain various forms of psychological disorders. Thus, enhancing emotion regulation has become a major target in psychotherapeutic treatments. For this purpose, a number of therapeutic strategies have been developed and shown to be effective. However, for practitioners it is often difficult to decide which of these strategies they should use or how they can effectively combine empirically-validated strategies. Thus, the authors developed the Affect Regulation Training as a transdiagnostic intervention which systematically integrates strategies from cognitive behavior therapy, mindfulness-based interventions, emotion-focused therapy, and dialectical behavioral therapy. The effectiveness of ART has been demonstrated in several high-quality studies.

**Emotion Processing** - Devon Spaapen - 2015
Rationale: Studies show that negative emotions are highly prevalent in psychosis, and that they play a key role in the onset and maintenance of psychotic symptoms. Emotions and emotion processing, however, have not received much attention in the context of psychotic-like experiences (PLE). PLE resemble the positive symptoms of psychosis, and are common experiences in the general population, although they do not cause high distress or loss of functioning. A better understanding of emotional vulnerabilities in individuals with PLE may be used to put in place interventions aimed at reducing the risk for transition into psychosis. Research aims: This thesis aimed to explore different aspects of emotion processing (emotion perception, regulation, and negative affect) in people with and without PLE. Before this relationship could be explored however, the psychometric properties of emotion processing scales were investigated to determine their reliability and suitability so that they could be used with confidence. Methods: Two large community samples from Australia (N = 575) and the United Kingdom (N = 597) completed a set of questionnaires. The questionnaires included: the Emotion Regulation Questionnaire (ERQ; Gross & John, 2003), Emotion Processing Scale (EPS; Baker, 2009), and the Depression, Anxiety and Stress Scale (DASS; Lovibond & Lovibond, 1995). PLE were assessed using the Psychosis Screening Questionnaire (PSQ; Bebbington & Nayani, 1995). First, the psychometric properties of the ERQ and EPS were explored using Confirmatory Factor Analysis (CFA). Then the relationships between the measures of emotion processing and PLE were investigated with SEM analysis. Results: Adequate model fit was not established for the original ERQ (10 items), but
Adequate model fit was not established for the original ERQ (10 items), but with a minor adjustment, a revised version of the scale (ERQ-9) presented with strong model fit. In contrast, the original EPS factor structure was not supported and attempts to refine the factor structure were unsuccessful. In the final analyses, the relationship between PLE, ERQ-9 and DASS was examined. PLE were linked to negative affect assessed with DASS (only through the shared variance between depression, anxiety and stress), but not to poorer emotion regulation (ERQ-9). Conclusion: PLE are linked to negative affect. However, PLE were not linked to poorer emotion regulation as assessed with the current measures. It is recommended that future studies exploring emotion processing and PLE include a wider range of validated emotion processing/regulation tasks, and analyse the extent to which unique and shared variance of depression, anxiety and stress explain the relationship between emotion processing and PLE.
Our results show a correlation between NSSI and Emotion Dysregulation features, but no significant relationship between NSSI and emotion regulation strategies. The small size of our sample and its demographic characteristics may limit the generalizability of our findings. For the future, further researches should be conducted to investigate deeply the relationship between NSSI and Emotion Dysregulation.

"Subject Areas/Keywords: clinical, cognition, cognitive, developmental, disorders, dysregulation, emotion regulation, emotional, emotions, neurobiology, neuroscience, personality, psychology, psychopathology, research, self-regulation, social Description: Reviewing the state of the science in a dynamic, thriving field, this influential handbook integrates knowledge from multiple psychological subdisciplines. Foremost experts address the neurobiological and cognitive bases of emotion regulation and examine how individuals develop and use regulatory strategies across the lifespan. The social context of emotion regulation is explored, as are personality processes and individual differences. Critical implications are discussed for psychopathology, psychosocial interventions, and health. Including helpful cross-referencing among chapters, the volume describes cutting-edge methods and identifies promising directions for future investigation"--
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**Occupational Therapy in Mental Health** - Catana Brown - 2019-02-05
This revision of a well-loved text continues to embrace the confluence of person, environment, and occupation in mental health as its organizing theoretical model, emphasizing the lived experience of mental illness and recovery. Rely on this groundbreaking text to guide you through an evidence-based approach to helping clients with mental health disorders on their recovery journey by participating in meaningful occupations. Understand the recovery process for all areas of their lives—physical, emotional, spiritual, and mental—and know how to manage co-occurring conditions.

**Handbook of Emotion Regulation, First Edition** - James J. Gross - 2011-12-07
This authoritative volume provides a comprehensive road map of the important and rapidly growing field of emotion regulation. Each of the 30 chapters in this handbook reviews the current state of knowledge on the topic at hand, describes salient research methods, and identifies promising directions for future investigation. The contributors—who are the foremost experts in the field—address vital questions about the neurobiological and cognitive bases of emotion regulation, how we develop and use regulatory strategies across the lifespan, individual differences in emotion regulation, social psychological approaches, and implications for psychopathology, clinical interventions, and health.

**Mindfulness- and Acceptance-Based Behavioral Therapies in Practice** - Lizabeth Roemer - 2010-07-22
Accessible and practical, this book provides a unified framework for integrating acceptance and mindfulness into cognitive-behavioral practice. The authors interweave elements of acceptance and commitment therapy, mindfulness-based cognitive therapy, mindfulness-based relapse prevention, and dialectical behavior therapy. They demonstrate how to conduct an assessment, develop a case formulation, and derive a flexible treatment plan for each patient. Vivid case examples and transcripts illustrate the entire process of therapy, showing how treatment can be tailored for different presenting problems and concerns. More than two dozen reproducible handouts and forms are included.
conceptual and empirical bridge between coping therapy, showing how treatment can be tailored for different presenting problems and concerns. More than two dozen reproducible handouts and forms are included.

The Development of Coping - Ellen A. Skinner - 2016-10-08
This book traces the development of coping from birth to emerging adulthood by building a conceptual and empirical bridge between coping and the development of regulation and resilience. It offers a comprehensive overview of the challenges facing the developmental study of coping, including the history of the concept, critiques of current coping theories and research, and reviews of age differences and changes in coping during childhood and adolescence. It integrates multiple strands of cutting-edge theory and research, including work on the development of stress neurophysiology, attachment, emotion regulation, and executive functions. In addition, chapters track how coping develops, starting from birth and following its progress across multiple qualitative shifts during childhood and adolescence. The book identifies factors that shape the development of coping, focusing on the effects of underlying neurobiological changes, social relationships, and stressful experiences. Qualitative shifts are emphasized and explanatory factors highlight multiple entry points for the diagnosis of problems and implementation of remedial and preventive interventions. Topics featured in this text include: Developmental conceptualizations of coping, such as action regulation under stress. Neurophysiological developments that underlie age-related shifts in coping. How coping is shaped by early adversity, temperament, and attachment. How parenting and family factors affect the development of coping. The role of coping in the development of psychopathology and resilience. The Development of Coping is a must-have resource for researchers, professors, and graduate students as well as clinicians and related professionals in developmental, clinical child, and school psychology, public health, counseling, personality and social psychology, and neurophysiological psychology as well as prevention and intervention science.

The Cambridge Handbook of Human Affective Neuroscience - Jorge Armony - 2013-01-21
Neuroscientific research on emotion has developed dramatically over the past decade. The cognitive neuroscience of human emotion, which has emerged as the new and thriving area of 'affective neuroscience', is rapidly rendering existing overviews of the field obsolete. This handbook provides a comprehensive, up-to-date and authoritative survey of knowledge and topics investigated in this cutting-edge field. It covers a range of topics, from face and voice perception to and the development of regulation and resilience. It offers a comprehensive overview of the challenges facing the developmental study of coping, including the history of the concept, critiques of current coping theories and research, and reviews of age differences and changes in coping during childhood and adolescence. It integrates multiple strands of cutting-edge theory and research, including work on the development of stress neurophysiology, attachment, emotion regulation, and executive functions. In addition, chapters track how coping develops, starting from birth and following its progress across multiple qualitative shifts during childhood and adolescence. The book identifies factors that shape the development of coping, focusing on the effects of underlying neurobiological changes, social relationships, and stressful experiences. Qualitative shifts are emphasized and explanatory factors highlight multiple entry points for the diagnosis of problems and implementation of remedial and preventive interventions. Topics featured in this text include: Developmental conceptualizations of coping, such as action regulation under stress. Neurophysiological developments that underlie age-related shifts in coping. How coping is shaped by early adversity, temperament, and attachment. How parenting and family factors affect the development of coping. The role of coping in the development of psychopathology and resilience. The Development of Coping is a must-have resource for researchers, professors, and graduate students as well as clinicians and related professionals in developmental, clinical child, and school psychology, public health, counseling, personality and social psychology, and neurophysiological psychology as well as prevention and intervention science.

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Principles and Methods of Test Construction - Karl Schweizer - 2016-05-31
This latest volume in the series Psychological Assessment – Science and Practice describes the current state-of-the-art in test development and construction. The past 10-20 years have seen substantial advances in the methods used to develop and administer tests. In this volume many of the world’s leading authorities collate these advances and provide information about current practices, thus equipping researchers and students to successfully construct new tests using the best modern standards and techniques. The first section explains the benefits of considering the underlying theory when designing tests, such as factor analysis and item response theory. The second section looks at item format and test presentation. The third discusses model testing and selection, while the fourth goes into statistical methods that can find group-specific bias. The final section discusses topics of special relevance such as multi-trait multi-state analyses and development of screening instruments.

Nonsuicidal Self-Injury - E. David Klonsky - 2011
Nonsuicidal self-injury (NSSI) is a baffling, troubling, and hard to treat phenomenon that has increased markedly in recent years. Key issues in diagnosing and treating NSSI adequately include differentiating it from attempted suicide and other mental disorders, as well as understanding the motivations for self-injury and the context in which it occurs. This accessible and practical book provides therapists and students with a clear understanding of these key issues, as well as of suitable assessment techniques. It then goes on to delineate research-informed treatment approaches for NSSI, with an emphasis on functional assessment, emotion regulation, and problem solving, including motivational interviewing, interpersonal skills, CBT, DBT, behavioral management strategies, delay
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**Anxiety and Self-Focused Attention** - Ralf Schwarzer - 2015-09-25
First published in 1991, this book consists of 13 articles that were originally published in the journal Anxiety Research. They address the topic of anxiety and self-focused attention from a variety of perspectives, representing recent advances in social, clinical and personality psychology at the time. As a whole, the book poses a stimulating theoretical challenge to traditional anxiety research, which had been dominated by psychometric issues, clinical case studies and stable personality constructs. The contributors share the view that anxiety is an emotional state of distress dependent upon specific antecedent cognitive processes such as self-awareness, perceived role discrepancy or unfavourable expectancies.

**Emotion Regulation Treatment of Alcohol Use Disorders** - Paul R. Stasiewicz - 2018-01-03
Emotion Regulation Treatment of Alcohol Use Disorders provides step-by-step, detailed procedures for assessing and treating emotion regulation difficulties in individuals diagnosed with an alcohol use disorder (AUD). The Emotion Regulation Treatment (ERT) program, consisting of 12 weekly sessions, combines an empirically supported cognitive-behavioral treatment with emotion regulation strategies to help clients manage negative emotions and cravings for alcohol. This therapist guide contains all the materials needed for the clinician to implement the program, including session outlines, detailed session content with suggestions for therapist dialogue, and client assignment for between-session skill practice. It is also designed to be used with the accompanying client workbook Managing Negative Emotions Without Drinking, which includes educational materials, handouts, worksheets, and between-session skill practice.
Emotion Measurement - Herbert L. Meiselman - 2021-04-09
Emotion Measurement, Second Edition highlights key elements of emotions that should be considered in the measurement of emotions in both academic and commercial environments. This edition begins with an updated review of basic studies of emotion, including the theory, physiology, and psychology of emotions, as these are the foundational studies which food scientists as well as product developers and marketing professionals need to be aware of. The second section highlights methods for studying emotions, and reviews the different approaches to emotion measurement: questionnaire self-report, behavioral, and physiological. This section explores the merits of intrinsic versus extrinsic measures of emotion. Some new measurement approaches have emerged since the first edition of this book. The book then presents practical applications, with chapters on emotion research in food and beverage, as well as in a range of products and clinical settings. The experience in testing product emotions has increased since the first edition when product emotion research was newer. Finally, Emotion Measurement, Second Edition provides coverage of cross-cultural research on emotions. This is critical because much of the newer commercial research is aimed at markets around the world, requiring methods that work in many cultures. And the universality of emotions has been a topic of research for decades. Taking both an academic and applied approach, Emotion Measurement, Second Edition will be an invaluable reference for those conducting basic academic research on emotions and for sensory and consumer scientists, and the product developers and marketing professionals they work alongside. Reviews both the academic and the applied strands of emotion measurement research Focuses on cross-cultural studies of emotions, which is currently lacking from most of the literature in the field Highlights methods for studying emotions in both basic and applied studies.
Effects of Alcohol and Emotion Regulation on Performance Monitoring - Erika A. Henry - 2011

Previous research indicates that alcohol dampens negative affect and is sometimes used in the regulation of psychological distress (see Greeley & Oei, 1999; Sher, 1987). Other work indicates that individuals using less effective emotion regulation strategies are at heightened risk for developing alcohol use problems (Cooper et al., 1995). To date, however, no research has directly tested the extent to which an acute dose of alcohol differentially influences individuals differing in emotion regulation styles. The primary purpose of the current research is to investigate whether individual differences in emotion regulation modulate alcohol's effects on a trial and error learning task designed to engage both emotional and cognitive processes, using a combined behavioral and psychophysiological approach. Participants were randomly assigned to one of three beverage groups (alcohol, placebo, or control beverage) and then engaged in a trial-and-error learning paradigm (Holroyd & Coles, 2002) while event-related brain potentials (ERPs) were recorded. Individual differences in emotion regulation were assessed by the emotion regulation questionnaire (ERQ; Gross & John, 2003). Results show that overall Reappraisers in the alcohol condition showed decreased ERN amplitudes and worse performance in comparison to the control group. Conversely, Suppressors showed no effect of beverage group on ERN amplitude or performance. Taken together these results indicate that Suppressors may be particularly at risk for developing substance abuse problems because of they are able to experience the reinforcing effects of alcohol with very little cost.

Advances in Emotion Regulation: From Neuroscience to Psychotherapy - Alessandro Grecucci - 2017-08-24

Emotions are the gift nature gave us to help us connect with others. Emotions do not come from out of nowhere. Rather, they are constantly generated, usually by stimuli in our interpersonal world. They bond us to others, guide us in navigating our social interactions, and help us care for each other. Paraphrasing Shakespeare, “Our relationships are such stuff as emotions are made of”. Emotions express our needs and desires. When problems happen in our relationships, emotions arise to help us fixing those problems. However, when emotions can become dysregulated, pathology begins. Almost all forms of psychopathology are associated with dysregulated emotions or dysregulatory
become regulated when the therapist helps clients express, face and regulate their emotions, and channel them into healthy actions. This research topic gathers contributions from affective neuroscientists and psychotherapists to illustrate how our emotions become dysregulated in life and can become regulated through psychotherapy.

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**Clinical Neuropsychology of Emotion** - Yana Suchy - 2011-03-14

Written in an engaging, accessible style, this book synthesizes the growing body of knowledge on the neuropsychology of emotion and identifies practical clinical implications. The author unravels the processes that comprise a single emotional event, from the initial trigger through physiological and psychological responses. She also examines how patterns of emotional responses come together to motivate complex behavioral choices. Grounded in theory and research, the book discusses relevant syndromes and populations, reviews available assessment instruments, and describes how deficits in emotional processing affect cognition, daily functioning, and mental health.

**Encyclopedia of Adolescence** - Roger J.R. Levesque - 2014-07-08

The Encyclopedia of Adolescence breaks new ground as an important central resource for the study of adolescence. Comprehensive in breath and textbook in depth, the Encyclopedia of Adolescence - with entries presented in easy-to-access A to Z format - serves as a reference repository of knowledge in the field as well as a frequently updated conduit of new knowledge long before such information trickles down from research to standard textbooks. By making full use of Springer's print and online flexibility, the Encyclopedia is at the forefront of efforts to advance the field by pushing and creating new boundaries and areas of study that further our understanding of adolescents and their place in society. Substantively, the Encyclopedia draws from four major areas of research relating to adolescence. The first broad area includes research relating to "Self, Identity and Development in Adolescence". This area covers research relating to identity, from early adolescence through emerging adulthood; basic aspects of development (e.g., biological, cognitive, social); and foundational developmental theories. In addition, this area focuses on various types of identity: gender, sexual, civic, moral, political, racial, spiritual, religious, and so forth. The second broad area centers on "Adolescents' Social and Personal Relationships". This area covers research relating to the nature and influence of a variety of important relationships, including family, peer, friends, sexual and romantic as well as significant nonparental adults. The third area examines...
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**Cognitive Control of Emotions in Challenging Contexts, 2nd edition** - Nils Kohn - 2021-12-13

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**Motivational Perspectives on Chronic Pain** - Paul Karoly - 2018-08-07
Motivational Perspectives on Chronic Pain is one of the first volumes to present a cohesive account of the adaptation to chronic pain from a motivational perspective. Contributing authors from diverse areas of pain research offer comprehensive summaries of the concepts, findings, and applied methodologies that converge on the role of goals and goal-related cognitive processes, self-regulatory support mechanisms, contextual forces, and emotionality as they influence (and are influenced by) the experience of chronic pain. This volume provides readers with an up-to-date compendium of cutting-edge research and interventions that collectively illustrate the utility of viewing...
The Regulation of Emotion - Pierre Philippot - 2004-07-22
The main goal of this volume is to present, in an integrated framework, the newest, most contemporary perspectives on emotion regulation. The book includes empirically-grounded work and theories that are central to our understanding of the processes that constitute emotion regulation and their consequences. This volume has several secondary aims, as well. One is to highlight several newer subareas in the domain of emotion regulation that hold much promise, such as the relationship between psychopathology and emotion regulation. The book also presents data and theory that have applied value that may be useful for people working in such fields as communication, psychotherapy, and counseling. Finally, the volume gathers contributions across a variety of subfields and includes authors working not just in North America but in other areas of the world. To help achieve these goals, the volume has been organized to begin with the presentation of the most molecular aspects of emotion regulation and to end with the most molar ones. It comprises four parts, each integrating different lines of research from related domains. Part I is devoted to basic processes in emotion regulation, such as neurological, physiological or cognitive processes; part II examines the interplays between emotion regulation and individual regulation; part III presents work on individual differences and developmental processes in emotion regulation; and part IV examines the social functions and constraints of emotion regulation.

Motivational Perspectives on Chronic Pain - Paul Karoly - 2018-08-07
Motivational Perspectives on Chronic Pain is one of the first volumes to present a cohesive account of the adaptation to chronic pain from a motivational perspective. Contributing authors from diverse areas of pain research offer comprehensive summaries of the concepts, findings, and applied methodologies that converge on the role of goals and goal-related cognitive processes, self-regulatory support mechanisms, contextual forces, and emotionality as they influence (and are influenced by) the experience of chronic pain. This volume provides readers with an up-to-date compendium of cutting-edge research and interventions that collectively illustrate the utility of viewing chronic pain neither as a "disease" nor an imposed lifestyle, but as the emergent and potentially flexible product of a complex transactional system that is bounded by both sociocultural factors and by biogenetic and neural moderating forces. Within its pages, chapters capture the vibrancy of current theory, research, and practice while pointing toward unexplored new directions. Among the important topics addressed by this distinguished group of authors include: the nature and relevance of control systems, the role of neural mechanisms on pain processing, the influence positive and negative emotion regulation play on pain management, the impact of learning and conditioning, and the often neglected influence of interpersonal processes on adjustment to chronic pain.

The Regulation of Emotion - Pierre Philippot - 2004-07-22
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Emotion Regulation and Psychopathology - Ann M. Kring - 2009-11-04
Regardless of their specific diagnosis, many people seeking treatment for psychological problems have some form of difficulty in managing emotional experiences. This state-of-the-art volume explores how emotion regulation mechanisms are implicated in the etiology, development, and maintenance of psychopathology. Leading experts present current findings on emotion regulation difficulties that cut across diagnostic boundaries and present psychotherapeutic approaches in which emotion regulation is a primary target of treatment. Building crucial bridges between research and practice, chapters describe cutting-edge assessment and intervention models with broad clinical utility, such as acceptance and commitment therapy, mindfulness-based therapy, and behavioral activation treatment.

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Understanding the Processes Associated with Forgiveness - Haijiang Li - 2021-02-09
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Handbook of Personality, Fourth Edition - Oliver P. John - 2021-01-26
Now in a revised and expanded fourth edition, this definitive reference and text has more than 50% new material, reflecting a decade of theoretical and empirical advances. Prominent researchers describe major theories and review cutting-edge findings. The volume explores how personality emerges from and interacts with biological, developmental, cognitive, affective, and social processes, and the implications for well-being and health. Innovative research programs and methods are presented throughout. The concluding section showcases emerging issues and new directions in the field.

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Neural activation during emotion regulation in people with ultra-high risk for psychosis - Anne-Katrin Muth - 2019-04-04
Master's Thesis from the year 2012 in the subject Medicine - Neurology, Psychiatry, Addiction, grade: 1,7, University of Groningen, language: English, abstract: Disturbances in emotion processing and regulation are a hallmark characteristic of schizophrenia, and have been shown to be present in at-risk populations. We investigated behavioral and functional Magnetic Resonance Imaging (fMRI) differences during emotion processing and reappraisal of negative images in people at ultra-high risk (UHR) for psychosis compared to healthy controls (HC). We hypothesized that during emotion processing UHR participants will show increased activation of the ventral stream compared to HC. During reappraisal UHR were expected to show less activation of the dorsal stream compared to HC. Twelve UHR and eleven HC participated in this fMRI study in which they performed an Emotion Regulation Task. In addition, participants were asked to complete several relevant questionnaires. Brain activation during processing of negative versus neutral images did not yield significant differences between the UHR and HC, but showed a trend for increased activation in UHR participants: HC showed activation in the middle and inferior temporal gyrus, whereas the UHR group showed activation in the bilateral DLPPFC, and bilateral frontopolar cortex, the superior and inferior occipital gyrus, the cingulate gyrus, the insula and the basal ganglia. During reappraisal differences in brain activation supported our hypothesis: the UHR group showed decreased prefrontal and temporal lobe activation compared to HC. Results from the behavioral data showed that both groups were able to successfully down-regulate negative emotion. We concluded that the at-risk group showed abnormal brain activity during reappraisal that was in line with expectations, however the outcome of the behavioral results remains puzzling, and should be subjected to further study.
The Relationship Between College Students’ Level of Alcohol Use and Their Grit, Personal Growth Initiatives, and Emotion Regulation Scores Using Structure Equation Modeling - Gelawdiyos M. Haile - 2021

The purpose of this study was to examine the directional relationship between college students’ level of grit, personal growth initiative, cognitive reappraisal emotion regulation strategy, and their level of harmful alcohol consumption and related problems. This study tested the theoretical structure model that college students’ (N = 356) level of grit (as measured by the Grit Short Scale [Grit-S; Duckworth & Quinn, 2009]), personal growth initiative (PGI; as measured by the Personal Growth Initiative Scale-II [PGIS-II; Robitschek et al., 2012]), and cognitive reappraisal emotion regulation strategy (as measured by the Emotion Regulation Questionnaire [ERQ; Gross & John, 2003]) contribute to decreased hazardous alcohol consumption and related consequences (as measured by the Alcohol Use Disorder Identification Test [AUDIT]; Saunders et al., 1993). Specifically, the researcher tested the theorized directional relationship that college students with (a) high level of grit, (b) high levels of personal growth initiative, and (c) high level of cognitive reappraisal ER strategy would have low levels of alcohol consumption and related problems. The results of the structural equation modeling showed a significant relationship between these variables.


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Teacher Emotions Matter: Nature, Antecedents, and Effects - Junjun Chen - 2021-01-05

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Re/Formation and Identity - Deborah J. Johnson -

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Vittorio Lingiardi - 2017-05-15

Now completely revised (over 90% new), this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories. Explicitly oriented toward case formulation and treatment planning, PDM-2 offers practitioners an empirically based, clinically useful alternative or supplement to DSM and ICD categorical diagnoses. Leading international authorities systematically address personality functioning and psychological problems of infancy, childhood, adolescence, adulthood, and old age, including clear conceptualizations and illustrative case examples. Purchasers get access to a companion website where they can find additional case illustrations and download and print five reproducible PDM-derived rating scales in a convenient 8 1/2" x 11" size. New to This Edition *Significant revisions to all chapters, reflecting a decade of clinical, empirical, and methodological advances. *Chapter with extended case illustrations, including complete PDM profiles. *Separate section on older adults (the first classification system with a geriatric section). *Extensive treatment of psychotic conditions and the psychotic level of personality organization. *Greater attention to issues of culture and diversity, and to both the clinician's and patient's subjectivity. *Chapter on recommended assessment instruments, plus reproducible/downloadable diagnostic tools. *In-depth comparisons to DSM-5 and ICD-10-CM throughout. Sponsoring associations include the International Psychoanalytical Association, Division 39 of the American Psychological Association, the American Psychoanalytic Association, the International Association for Relational Psychoanalysis & Psychotherapy, the...
of emotions in a wide variety of cognitive functions. Including both empirical and theoretical works and debates, this book presents the results of research aimed at understanding how our emotions influence cognitive performance in diverse areas such as attention, memory, judgment, decision-making or reasoning, and emotional regulation. Drawing on years of research that has enabled psychologists to know when emotions have beneficial versus deleterious effects on cognition, the book explores the mechanisms responsible for these effects. Each chapter focuses on a specific cognitive function and is mirrored by a chapter examining the individual differences in the role of emotions on this aspect of cognition, and how this role changes during aging and in patients with mood disorders. Emotions play a central role in the life of every human being as they crucially guide our actions, thoughts, and relationships, helping us detect and identify what is important, as well as what to memorize, understand, and decide. As such, Emotion and Cognition is a valuable source for all undergraduate and graduate students in the disciplines of cognitive and affective sciences, as well as for experts in the field.

Emotion and Cognition - Patrick Lemaire - 2021-12-29
This cutting-edge, yet accessible book provides a complete and integrated assessment of the role of emotions in a wide variety of cognitive functions. Including both empirical and theoretical works and debates, this book presents the results of research aimed at understanding how our emotions influence cognitive performance in diverse areas such as attention, memory, judgment, decision-making or reasoning, and emotional regulation. Drawing on years of research that has enabled psychologists to know when emotions have beneficial versus deleterious effects on cognition, the book explores the mechanisms responsible for these effects. Each chapter focuses on a specific cognitive function and is mirrored by a chapter examining the individual differences in the role of emotions on this aspect of cognition, and how this role changes during aging and in patients with mood disorders. Emotions play a central role in the life of every human being as they crucially guide our actions, thoughts, and relationships, helping us detect and identify what is important, as well as what to memorize,
with successfully coping with them. This book Cognition is a valuable source for all undergraduate and graduate students in the disciplines of cognitive and affective sciences, as well as for experts in the field.

**Emotions and their influence on our personal, interpersonal and social experiences** - Ami Rokach - 2018-10-19
Research indicates that each emotion is associated with cognitive appraisals that influence our decision-making, our behavior and our relationships. Positive emotions may enhance our point of view and affect our decision to execute what we meant to. Negative emotions are known to not only affect the manner in which we view the world, but our plans, our willingness to interact with others, and our choices, both behaviorally, and cognitively. Emotions are also known to affect us physically. Positive emotions support our immune system, are responsible for our health enhancing behavior, and allow us to be open to our social support network. Negative emotions are known to hamper our immune system and thus make us more prone to illnesses, sometimes life threatening ones, and interfere with successfully coping with them. This book focuses on the role of emotions in everyday life, and particularly, the destructive effects of negative emotions such as anger, anxiety, depression, and the fear of death that humans share. The articles in this book were originally published in the Journal of Psychology: Interdisciplinary and Applied.

**Emotion in Therapy** - Stefan G. Hofmann - 2015-12-14
Grounded in cutting-edge scientific research, this book presents innovative ways to explore and work with emotions in psychotherapy. Preeminent clinician-researcher Stefan G. Hofmann accessibly explains how emotions operate, what influences them, and how they can cause distress. He presents strategies that can significantly improve existing evidence-based treatments and promote positive affect and happiness. Clinicians are guided to help clients with any diagnosis gain emotional awareness and use emotion regulation techniques, mindfulness-based practices, and other effective strategies. "In Practice" features highlight specific clinical issues and offer illustrative case vignettes.

**Emotional Processing** - Roger Baker - 2012-08-24
Roger Baker's ground-breaking book, based on the research of his medical team, presents a new way of understanding emotions and new insights into handling emotional pressures, and is illustrated throughout with examples from patients in psychological therapy and from everyday life. The book is divided into 4 parts: 1) The Secret Life of Emotions: introduces the
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