taking a multidisciplinary approach to a common and often frustrating problem for athletes and those with an active lifestyle. This book is the first of its kind, addressing common injuries to the posterior leg. It is divided biosystemically into three sections. The first section covers underlying pathologies involved in these issues, including anatomy, physiology, pathophysiology of injury and neurophysiology of musculoskeletal pain. This section sets the stage for the second section, focused on the practical care of patients with calf pain. It is divided thematically into three sections. The first section covers underlying pathologies involved in these issues, including anatomy, physiology, pathophysiology of injury and neurophysiology of musculoskeletal pain. This section sets the stage for the second section, focused on the practical care of patients with calf pain.